

Welcome to Olweus Bully Prevention Overview

Parent Night 19-20

What Are the Components of Olweus?

- ▶ Research based program that reduces bullying over time
- ▶ **Components**
 - ▶ Schoolwide
 - ▶ Classroom
 - ▶ Individual
 - ▶ Parents



Schoolwide Component



Schoolwide Definition

- ▶ Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.



Types of Bullying

- ▶ **Bullying Can Take Many Forms**
 - ▶ Hitting
 - ▶ Verbal harassment
 - ▶ Spreading rumors
 - ▶ Excluding
 - ▶ Mean or threatening texts/emails/messages

Schoolwide Noah Webster's Rules About Bullying

- 1. We will not bully others.**
- 2. We will try to help students who are bullied.**
- 3. We will try to include students who are left out.**
- 4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home.**

Classroom Component



Class Meetings

- ▶ Regular meetings
- ▶ Discuss Bullying and other topics concerning the class
- ▶ Build classroom community and trust
- ▶ Role play how to handle bullying situations



Individual Component



On the Spot Interventions

- ▶ 1) Stop the bullying
- ▶ 2) Support the student that had been bullied
- ▶ 3) Name the bullying behavior and refer to the school rules about bullying
- ▶ 4) Engage the bystanders
- ▶ 5) Impose immediate and appropriate consequences
- ▶ 6) Take steps to ensure that the bullied student will be protected from future bullying
- ▶ 7) Report incident to supervisor and classroom teacher

Follow Up

▶ Teacher

- ▶ Use tracking sheet to see patterns and trends with students
- ▶ Talk to the student that was bullied and the student that bullies separately
- ▶ Give appropriate consequences
- ▶ Contact parents of the bullied student and the student that did the bullying
- ▶ Follow up with students separately at a later time

Bystanders

- ▶ When you see someone being bullied you are a bystander
- ▶ Most people are the bystanders of bullying
- ▶ What should you do?
 - ▶ Be an Upstander
 - ▶ Report the bullying to an adult in the area
 - ▶ Help the person being bullied
- ▶ Students are recognized by Principal or Assistant Principal when staff reports that a student is being an UPSTANDER



Parent Component



Parent Partnership

- ▶ Talk to your child about the definition of bullying and the school rules about bullying
- ▶ Share concerns about bullying with your child's teacher
- ▶ Get to know your child's friends and what activities they enjoy
- ▶ Make it clear that you take bullying seriously
- ▶ If your child witnesses bullying, encourage your child to be an active bystander (UPSTANDER) by:
 - ▶ Telling an adult
 - ▶ Being a friend to the one being bullied
 - ▶ Telling the one bullying that it is not OK

Who Is Involved

- ▶ Students
- ▶ Teachers
- ▶ Parents
- ▶ Support Staff
- ▶ **Everyone!!!**



▶ Thank you!!!